

Citizens Advice Bureau (CAB)

Try using your local ***Citizens Advice Bureau*** to assist in the ensuing bureaucracy, especially with the ***Department of Work and Pensions (DWP)***.

At the time, I didn't think of it, and so had my anxieties and lack of energy, very dramatically slowed down my form filling. However, I know somebody in a similar situation as myself, who used them to great effect. They greatly eased her burden and also pursued matters on her behalf and greatly assisted her. However, she has stressed to me that she feels that their help may be variable and subject to the individual volunteer.

For your nearest ***Citizens Advice Bureau***, please look in the Citizens Advice Bureau Directory Appendix at the back of this guide. If you know of any others in Hampshire or on the Isle of Wight, please advise me of their details.

Their services are free and funded by various grants, which I have become aware are not always guaranteed. Accordingly, as with any charitable organisation, they always feel the pinch, when trying to stay open and provide information resources. If you are able to leave a small donation, in their collection box, by way of gratitude, it will enable them to help others in similar situations.

Citizen Advice Bureau

Please see Citizens Advice Bureau Directory Appendix

Department of Work Pensions (DWP)

Benefit Enquiry Line

Tel: 0800 882 200.

Web Site:

www.dwp.gov.uk

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