

## ***National Transport Travel Tokens***

National Transport Travel Tokens can be claimed annually from some ***local council offices***. These can be used to pay for train and bus travel, as well as taxis/minicabs (although, I would check beforehand in case your taxi company doesn't participate, as the drivers have to make a trip to council offices in order to reclaim the cash).

Some ***local councils*** provide £40 worth a year, others provide £35 worth. Some local councils provide them free, whilst others may charge a small fee. My local council, ***Fareham***, charged me £5 for £35 worth, which at 80 per cent off fares, is not to be sneezed at. A friend living within ***Gosport Council***, next door, gets £40 worth for no charge!

In procuring these Tokens from your local authority, they may well require to see proof of you being registered disabled. Ownership and presentation of the previously mentioned yellow Registered Disabled Card will satisfy their request.

However, it should be noted that since the new legislation came into place, that all local councils must provide free bus passes, some councils have discontinued the benefit of providing National Transport Travel Tokens free or at a subsidised cost, even though as M.E. sufferers, like myself, bus travel triggers various symptoms and access problems.

If you encounter any problems, please read the ***Appendix on Problems with Local Authorities***.

This section last revised on 19<sup>th</sup> June 2007